

Mortified David Nadelberg

The Power of Kindness
Got Fight?
The Book of Moods
Mortified
Cassette From My Ex
In Rehearsal
My Mortified Life
Cottonwood Whispers
Sunny Side Down
Working Smarter, Not Just Harder
Throw Me a Bone
The New York Regional Mormon Singles Halloween Dance
The Girl I Wanted to Be
What Would Rob Do
Someday Is Not a Day in the Week
Be Ready When the Sh*t Goes Down
Look Both Ways
All There Is
Six-Word Memoirs on Love and Heartbreak
Make Love the Bruce Campbell Way
A Little Bit Wicked
The Hilarious World of Depression
Your Disgusting Head
Suicide Girls
Mortified: Love Is a Battlefield
Prejudicial
Cringe
A Tribe Called Bliss
I Love You, Beth Cooper
Game Hacking
How to Pass as Human
Inside Pee-Wee's Playhouse
Pinball Wizards
The Gospel of Trees
Mortified
Race for Relevance
Elf Girl
Dancers Among Us
Collared
Switched on Pop

The Power of Kindness

"Life's too short. I'm not." You might know her as a Tony Award-winning Broadway star, who originated the role of Galinda the Good Witch in the smash musical *Wicked* and won a Tony for 1999's *You're a Good Man, Charlie Brown*. Or you may recognize her from her starring roles on TV -- *The West Wing*, *Pushing Daisies*, *Sesame Street* oh, and her Huge Hit Sitcom *Kristin* on NBC. (Huge hit. L.A. breast-implant huge. Ask either of the people who watched it.) Or maybe you saw her sexy spread in *FHM* magazine? Or her appearance on Pat Robertson's *The 700 Club*?

Kristin is a wonderful collection of contradictions -- but everyone who's ever met her remembers her as the little girl with the big voice. At four foot eleven, Kristin Chenoweth is an immense talent in a petite but powerful package. In this lively, laugh-out-loud book, Kristin shares her journey from Oklahoma beauty queen to Broadway leading lady, reflecting on how faith and family have kept her grounded in the dysfunctional rodeo of show biz. The daughter of an engineer and a nurse, Kristin was singing in front of thousands at Baptist conventions by age twelve and winning beauty pageants by age twenty-two. (Well, actually she was second runner-up almost every freaking time. But, hey, she's not bitter.) On her way to a career as a professional opera singer, she stopped in New York to visit a friend and went on a whim to an audition. Through a combination of talent, hard work, and (she's quick to add) the grace of God, Kristin took Broadway by storm. But of course, into every storm, the occasional drizzle of disaster must fall. Filled with wit, wisdom, and backstage insight, *A Little Bit Wicked* is long on love and short on sleep; it's essential reading for Kristin's legions of fans and an uplifting story for anyone seeking motivation to follow his or her dreams -- over the rainbow and beyond.

Got Fight?

Share the shame. In the days before blogs, teenagers recorded their lives with a pen in top-secret notebooks, usually emblazoned with an earnest, underlined plea to parents to keep away. Since 2002,

Get Free Mortified David Nadelberg

David Nadelberg has tapped that vast wellspring of adolescent anguish in the stage show *Mortified*, in which grown men and women confront their past with firsthand tales of their first kiss, first puff, worst prom, fights with mom, life at bible camp, worst hand job, best mall job, and reasons they deserved to marry Simon LeBon. Following the same formula that has made the live show a beloved cult hit, *Mortified* the book takes real childhood journals and documents and edits the entries into captivating, comedic, and cathartic stories, introduced by their now older (and allegedly wiser) authors. From letters begging rescue from a hellish summer camp to catty locker notes about stuck-up classmates to obsessive love that borders on stalking, *Mortified* gives voice to the real -- and really pathetic -- hopes, fears, desires, and creative urgings that have united adolescents for generations.

The Book of Moods

How to Pass as Human is an attempt on the part of the world's first android to understand the irrational, unpredictable, eclectic creatures known as human beings. Written in the form of a field guide, complete with sketches, graphs, flowcharts, and other reference materials, Android Zero (aka "Zach") has compiled a variety of useful information for future androids on how to pass undetected as human beings. Along the way, he also attempts to solve the mystery of his own creation with the help of Andrea, a human female who has taken an interest in him that may be more than friendly, and eventually leading

him to "meet his maker" and discover the surprising purpose of his existence.

Mortified

You don't need to be a wizard to transform a game you like into a game you love. Imagine if you could give your favorite PC game a more informative heads-up display or instantly collect all that loot from your latest epic battle. Bring your knowledge of Windows-based development and memory management, and Game Hacking will teach you what you need to become a true game hacker. Learn the basics, like reverse engineering, assembly code analysis, programmatic memory manipulation, and code injection, and hone your new skills with hands-on example code and practice binaries. Level up as you learn how to: *Scan and modify memory with Cheat Engine *Explore program structure and execution flow with OllyDbg *Log processes and pinpoint useful data files with Process Monitor *Manipulate control flow through NOPing, hooking, and more *Locate and dissect common game memory structures You'll even discover the secrets behind common game bots, including: *Extrasensory perception hacks, such as wallhacks and heads-up displays *Responsive hacks, such as autohealers and combo bots *Bots with artificial intelligence, such as cave walkers and automatic looters Game hacking might seem like black magic, but it doesn't have to be. Once you understand how bots are made, you'll be better positioned to defend against them in your own games. Journey through the inner workings of PC

games with Game Hacking, and leave with a deeper understanding of both game design and computer security.

Cassette From My Ex

"Hilariously witty, unflinchingly honest, and brimming with hope." Bobbi Brown "A fascinating, thorough, and truly helpful book. I loved it!" Sarah Knight, New York Times bestselling author of *Calm the F*ck Down The Happiness Project* meets *So Sad Today* in this "hilariously witty, unflinchingly honest" book from the beloved founder of *Words of Women*, contemplating the nature of negative emotions, and the insights that allowed her to take back control. Five years ago, Lauren Martin was sure something was wrong with her. She had a good job in New York, an apartment in Brooklyn, a boyfriend, yet every day she wrestled with feelings of inferiority, anxiety and irritability. It wasn't until a chance encounter with a (charming, successful) stranger who revealed that she also felt these things, that Lauren set out to better understand the hold that these moods had on her, how she could change them, and began to blog about the wisdom she uncovered. It quickly exploded into an international online community of women who felt like she did: lost, depressed, moody, and desirous of change. Inspired by her audience to press even deeper, *The Book of Moods* shares Lauren's journey to infuse her life with a sense of peace and stability. With observations that will resonate and inspire, she dives into the universal triggers every woman faces - whether it's a comment from your mother, the

relentless grind at your job, days when you wish the mirror had a Valencia filter, or all of the above. Blending cutting-edge science, timeless philosophy, witty anecdotes and effective forms of self-care, Martin has written a powerful, intimate, and incredibly relatable chronicle of transformation, proving that you really can turn your worst moods into your best life.

In Rehearsal

Love wounds the heart and soul . . . From the editors of the New York Times bestseller *Not Quite What I Was Planning* comes another collection of terse true tales—this time simple sagas exploring the complexities of the human heart. *Six-Word Memoirs on Love & Heartbreak* contains hundreds of personal stories about the pinnacles and pitfalls of romance. Brilliant in their brevity, these insightful slivers of passion, pain, and connection capture every shade of love and loss—six words at a time.

My Mortified Life

Pop music surrounds us - in our cars, over supermarket speakers, even when we are laid out at the dentist - but how often do we really hear what's playing? *Switched on Pop* is the book based on the eponymous podcast that has been hailed by NPR, Rolling Stone, The Guardian, and Entertainment Weekly for its witty and accessible analysis of Top 40 hits. Through close studies of sixteen modern classics, musicologist Nate Sloan and songwriter Charlie Harding shift pop from the background to the

foreground, illuminating the essential musical concepts behind two decades of chart-topping songs. In 1939, Aaron Copland published *What to Listen for in Music*, the bestseller that made classical music approachable for generations of listeners. Eighty years later, Nate and Charlie update Copland's idea for a new audience and repertoire: 21st century pop, from Britney to Beyoncé, Outkast to Kendrick Lamar. Despite the importance of pop music in contemporary culture, most discourse only revolves around lyrics and celebrity. *Switched on Pop* gives readers the tools they need to interpret our modern soundtrack. Each chapter investigates a different song and artist, revealing musical insights such as how a single melodic motif follows Taylor Swift through every genre that she samples, André 3000 uses metric manipulation to get listeners to "shake it like a Polaroid picture," or Luis Fonsi and Daddy Yankee create harmonic ambiguity in "Despacito" that mirrors the patterns of global migration. Replete with engaging discussions and eye-catching illustrations, *Switched on Pop* brings to life the musical qualities that catapult songs into the pop pantheon. Readers will find themselves listening to familiar tracks in new ways and not just those from the Top 40. The timeless concepts that Nate and Charlie define can be applied to any musical style. From fanatics to skeptics, teenagers to octogenarians, non-musicians to professional composers, every music lover will discover something ear-opening in *Switched on Pop*.

Cottonwood Whispers

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In Rehearsal is a clear and accessible how-to approach to the rehearsal process. Author Gary Sloan brings more than thirty years' worth of acting experience to bear on the question of how to rehearse both as an individual actor and as part of the team of professionals that underpins any successful production. Interviews with acclaimed actors, directors, playwrights, and designers share a wealth of knowledge on dynamic collaboration. The book is divided in to three main stages, helping the reader to refine their craft in as straightforward and accessible manner as possible: In the world: A flexible rehearsal program that can be employed daily, as well as over a typical four week production rehearsal. In the room: Advice on working independently and productively with other members of a company, such as directors, playwrights, designers and technical crew; how your personal creative process varies depending on the role, be it Shakespeare, musicals, film, television or understudying. On your own: Creating your own rehearsal process, exploring original and famous rehearsal techniques, breaking through actor's block and how to practice every day. In Rehearsal breaks down the rehearsal process from the actor's perspective and equips its reader with the tools to become a generous and resourceful performer both inside and outside the studio. Its independent, creative and daily rehearsal techniques are essential for any modern actor.

Sunny Side Down

Between 1986 and 1991, nearly ten million people a

week watched Pee-wee's Playhouse, the critically acclaimed and widely successful children's program broadcast on CBS. Now, on the 25th anniversary of the show, the complete behind-the-scenes story is being told for the first time by those who experienced it. Complete with an episode guide, biographical information about the cast and key members of the show's creative team, never-before-told anecdotes, and previously unpublished photos, Inside Pee-wee's Playhouse takes the first in-depth look behind the program TV Guide recently cited as one of the top ten cult classics of all time. Paul Reubens (as Pee-wee Herman) has been making a comeback since August 2010, appearing on Saturday Night Live, The View, The Jimmy Kimmel Show, Conan, and The Tonight Show with Jay Leno. He starred in a successful stage revival of his live show in January and February of 2010, and it hit Broadway later that year. It's been turned into a special on HBO. His public Twitter and Facebook accounts boast over one million fans and followers. Inside Pee-wee's Playhouse is the first comprehensive look at this amazingly successful (and still revered) children's program. Pee-wee Herman fans have been energized recently by the character's re-emerging presence. From casual fans to devout followers, everyone will be interested in taking a look Inside Pee-wee's Playhouse.

Working Smarter, Not Just Harder

Ultimate Fighter champ Forrest Griffin and Erich Krauss, who previously brought you the New York Times bestseller Got Fight, now offer a hilarious and

very timely guide to surviving the coming apocalypse. *Be Ready When the Sh*t Goes Down* provides everything an aspiring Mad Max needs to know about post-apocalyptic living. Since it's coming soon anyway, we might as well all *Be Ready When the Sh*t Goes Down*.

Throw Me a Bone

Self-love expert and creator of the *Earn Your Happy* podcast shares the methods she used to build her own tribe and grow from an anxiety-ridden, unhealthy, introverted underachiever to a confident woman who takes risks and leaps out of her comfort zone—complete with a foreword from #1 New York Times bestselling author Gabrielle Bernstein. Today, we live in an uber-connected era, where anyone is able to make thousands of friends and participate in their lives with the swipe of a finger. Why then, in such a connected time in history, do so many women feel disconnected, confined, misunderstood, defeated, or think that success is a solo project? The benefits of a having a tribe are undeniable. Women who have strong social circles are living longer, happier, healthier lives in comparison to those who lack connections and are exhausting themselves trying to quench external desires in isolation. In *A Tribe Called Bliss* Lori Harder bridges the gap between inspiration and action, providing a lasting resource for positive change and a guidebook for establishing a support tribe. With crucial and fascinating lessons and contextual self-work exercises, this is the ultimate guidebook to discover the key to a lifetime of blissful

happiness.

The New York Regional Mormon Singles Halloween Dance

The founder of StoryCorps, a national project that records, shares, and preserves the lives of Americans from all backgrounds, presents individuals' love stories from early dating to finding connections and lifelong commitment.

The Girl I Wanted to Be

They rely on animal instincts... Meet “Gin” and “Tonic.” She’s a dog person. He’s a cat person. But when these two friendly rivals team up to solve a mystery, you can bet their pets aren’t the only ones getting collared... Ginny Mallard and her shar-pei, Georgie, are about to run out of kibble and cash, unless she digs up another client for her private concierge business. So she heads to her neighborhood Seattle bar, Mary’s, to sniff out an opportunity. Or a gimlet or two. The bartender, Teddy Tonic, is usually good for a round of challenging banter, and Georgie is oddly fond of his bar cat, Mistress Penny. Before she can say “bottoms up,” Ginny lands a job tracking down some important business papers that have gone missing—along with the customer’s uncle. If Ginny hopes to track him down, she’ll need more than her research skills: she’ll need a partner with people skills—like Tonic. This is one dangerous case that’s about to go to the dogs—unless man, woman, cat, and canine can work

together as one very unconventional crime-solving team.

What Would Rob Do

What you're reading right now is known as the "cover copy," or "flap copy." This is where the 84,951 words of my latest book are cooked down to 350 words or less to capture your imagination/download. I pondered how to do that. Should I cut to the chase and reveal pivotal plot points like the one at the end of the book where the little girl on crutches points an accusing finger and shouts, "the killer is Mr. Porter"? No. I have too much respect for you as an intelligent consumer to attempt such an obvious ruse. But let's not play games here. You clicked your way to this page, so you either: A. Know who I am. B. Like the cool smoking jacket I'm wearing on the cover. Or: C. Thought this was a secret link to Ashley Madison. Is it a sequel to my autobiography *If Chins Could Kill: Confessions of a B Movie Actor*? Sadly, no, which made it much harder to write. Is it an "autobiographical novel"? Yes. I am the lead character in the story (coincidentally an actor), and I am a real person, and everything in the book actually happened - except for the stuff that didn't. The action revolves around my preparations for a pivotal role in the A-list relationship film, *Let's Make Love!* My Homeric attempt to break through the glass ceiling of B-grade genre fair is hampered by a vengeful studio executive and a production that becomes infected by something called the "B-movie virus" - symptoms of which include excessive use of cheesy special effects,

slapstick, and projectile vomiting. From a violent fistfight with a Buddhist to a life-altering stint in federal prison, this novel has it all. And if the 84,951 words are too time-consuming, there are lots and lots of cool graphics – all of which have been upgraded to vibrant color since the first publication. I hope you enjoy the book – and if you learn anything at all about making love, please share it with me! Regards, Bruce "Go Ahead and Call Me Ash" Campbell

Someday Is Not a Day in the Week

Relive the angst. From starter girlfriends to escapist fantasies to delusional attempts to stand out amongst their peers, *Mortified: Love Is a Battlefield* revisits the boundlessly embarrassing topic of childhood love, uncovering priceless artifacts of authentic teen angst that tell of unrequited crushes, awkward hookups, odd celebrity infatuations, and all manner of romantic catastrophes. The now older (and allegedly wiser) authors of these letters, lyrics, and journals bravely share their shame in stories that range from sweetly hopeful to borderline psychotic. Everyone who ever obsessed over whether that guy or girl in algebra class liked them, or, y'know, liked them liked them, will relish this funny and touching valentine to our collective past

Be Ready When the Sh*t Goes Down

As a veteran emergency room physician, Dr. Brian Goldman has a successful career setting broken bones, curing pneumonia, and otherwise pulling

people back from the brink of medical emergency. He always believed that caring came naturally to physicians. But time, stress, errors, and heavy expectations left him wondering if he might not be the same caring doctor he thought he was at the beginning of his career. He wondered what kindness truly looks like—in himself and in others. In *The Power of Kindness*, Goldman leaves the comfortable, familiar surroundings of the hospital in search of his own lost compassion. A top neuroscientist performs an MRI scan of his brain to see if he is hard-wired for empathy. A researcher at Western University in Ontario tests his personality and makes a startling discovery. Goldman then circles the planet in search of the most empathic people alive, to hear their stories and learn their secrets. He visits a boulevard in São Paulo, Brazil, where he meets a woman who calls a homeless poet her soulmate and reunited him with his family; a research lab in Kyoto, Japan, where he meets a lifelike, empathetic android; and a nursing home in rural Pennsylvania, where he meets a therapist at a nursing home who has an uncanny knack of knowing what's inside the hearts and minds of people with dementia, as well as her protege, a woman who talked a gun-wielding robber into walking away from his crime. Powerful and engaging, *The Power of Kindness* takes us far from the theatre of medicine and into the world at large, and investigates why kindness is so vital to our existence.

Look Both Ways

"Inspired me to ask myself why and to stop

postponing the forgotten dreams." —Geneen Roth, #1 New York Times bestselling author of *Women Food and God* and *This Messy Magnificent Life Full of inspirational insights and advice, lifehacks, and real-world examples*, *Someday is Not a Day in the Week* is CEO Sam Horn's motivational guide to help readers get what they want in life today rather than "someday." Are you: • Working, working, working? • Busy taking care of everyone but yourself? • Wondering what to do with the rest of your life? • Planning to do what makes you happy someday when you have more time, money, or freedom? What if someday never happens? As the Buddha said, "The thing is, we think we have time." Sam Horn is a woman on a mission about not waiting for SOMEDAY and this is her manifesto. Her dad's dream was to visit all the National Parks when he retired. He worked six to seven days a week for decades. A week into his long-delayed dream, he had a stroke. Sam doesn't want that to happen to you. She took her business on the road for a Year by the Water. During her travels, she asked people, "Do you like your life? Your job? If so, why? If not, why not?" The surprising insights about what makes people happy or unhappy, what they're doing about it (or not), and why will inspire you to carve out time for what truly matters now, not later. Life is much too precious to postpone. It's time to put yourself in your own story. The good news is, there are "hacks" you can do right now to make your life more of what you want it to be. And you don't have to be selfish, quit your job, or win the lottery to do them. Sam Horn offers actionable, practical advice in short, snappy chapters to show you how to get started on your best life — now.

All There Is

Sixty noted writers and musicians wax poetic about their own experiences with cassette mix tapes, an art form turned nostalgia due to the advent of iPods and playlists, and the relationships that inspired them, in a book that includes contributions from author Rick Moody, Blender editor Joe Levy, Magnetic Fields member Claudia Gonson, and many more.

Six-Word Memoirs on Love and Heartbreak

How far would you go to avoid school? For 10,000-year-old boy Mortimer DeVere and his sister, Agnetha, the answer is: a very long way indeed. As far as the DeVere children are concerned, they have eaten their last soggy sandwich and avoided their last bully. But not if the terrifying Trish has anything to do with it. In a desperate bid for freedom, Mort and Agnetha find themselves marooned in ancient Egypt, along with some bizarre companions, including a horde of zombie-mummies. Suddenly, school isn't looking quite so bad.

Make Love the Bruce Campbell Way

Pinball's history is America's history, from gambling and war-themed machines to the arcade revolution and, ultimately, the decline of the need to leave your house. The strangest thing about pinball is that it persists, and not just as nostalgia. And pinball didn't just stick around—it grew and continues to evolve

with the times, reflecting the zeitgeist of every era it passes through. Somehow, in today's iPhone world, a 300-pound monstrosity of wood and cables has survived to enjoy yet another renaissance. Pinball is more to humor writer Adam Ruben than a fascinating book topic—it's a lifelong obsession. Ruben played competitive pinball for more than a decade, rising as high as the 80th-ranked player in the world. Then he had kids. Now, mired in 9,938th place—darn kids—Ruben tries to stage a comeback, visiting pinball museums, gaming conventions, pinball machine designers, and even pinball factories in his attempt to discover what makes the world's best players, the real wizards, so good. Pinball competitions are on the rise, thanks in part to modern phenomena, like "nostalgia bars," with several hundred International Flipper Pinball Association-sanctioned events occurring annually—yet they're only a small corner of the pinball world. *Pinball Wizards* examines the bigger story of pinball's invention, ascent, near-defeat, resurgence, near-defeat again, and struggle to find its niche in modern society.

A Little Bit Wicked

Sexy, subversive, and seriously bad ass, the SuicideGirls bring their unique brand to comics! Caught in a near-future defined by its rigid conformity and persecution of women, the SuicideGirls are the last hope for freedom. Can they take down the techno-religious cult, Way*of*Life, or will they die trying?

The Hilarious World of Depression

From rising NPR star Rob Sachs—irreverent takes on handling life's sticky situations based on the popular What Would Rob Do? podcast What do you do if you get a bad haircut? Do you have trouble remembering people's names? What happens if you clog the toilet at a friend's house? NPR's Rob Sachs has given prudent and entertaining advice for dealing with all sorts of everyday challenges in his successful What Would Rob Do? podcast series, consulting with experts ranging from Fabio to Erik Estrada on dozens of daily dilemmas and common conundrums. Now he brings a wealth of this advice together in a single survival guide to fixing some of life's most vexing minor mishaps and speed bumps. Entertaining yet practical advice on what to do in tricky life situations Includes tips from interviews Sachs has conducted with celebrity experts Written by Rob Sachs, who has been a producer, reporter, and director for NPR shows including Morning Edition, All Things Considered, and Day to Day. Sachs also has a successful NPR podcast series What Would Rob Do? tackles the full spectrum of life's absurdities and shows how to turn them into an opportunity for adventure, fun, and best of all, laughter.

Your Disgusting Head

Documents the author's rise from art school misfit to "patron saint of the uncool," irreverently describing her hosting of an "anti-slam" open-mike performance series where everyone gets top accolades and her work as an apartment Troll Museum curator. By the author of Live Nude Elf. Original.

Suicide Girls

As a lowly freshman named for "The King," Presley Moran walks high school corridors paved with the stuff of family legend. Her cousin Barry, a senior heartthrob and brainy varsity letterman, insists that looking good on paper is the key to success. But Presley's young aunt Betsi, a former homecoming queen, has her own ideas about good looks and how to use them. "Can you keep a secret?" Betsi asks Presley, who, at age fourteen, is eager for entrée into the adult world of beauty, attraction, and romance. But as Presley is about to discover, some secrets should never be revealed. Will the illicit thrill of being a trusted confidante, privy to the details of muddled entanglements and incompatible desires, be worth the consequences of guilt by association? Propelled by the crash of falling idols, *The Girl I Wanted to Be* is a timeless and true portrait of passion, loss, and hard-won wisdom.

Mortified: Love Is a Battlefield

Reproductions of journal pages inspired by the monthly diary reading series in New York City captures a world of adolescent angst and musings, accompanied by commentary from the now-adult contributors.

Prejudential

Race for Relevance provides a no-nonsense look at today's realities and how associations operate and

what they need to do to remain relevant in the future. Based on more than 40 years of combined experience working with more than 1,000 organizations, the authors examine 5 key areas where the traditional approach that organizations have taken in the past needs to be altered. The 5 key areas of change are: • Overhaul the governance model and committee operations (and get the right people focused on the right things). • Empower the CEO and leverage staff expertise. • Zero in on your member market. • Rationalize programs and services--and focus where you can have an effect. • Get the supporting technology framework right. The book includes worksheets, checklists, and case studies all geared towards helping association leaders--staff and volunteers alike--to kick off the thought-provoking discussions that are generally at the forefront of change, be prepared for those fighting for the status quo, and to implement change without sacrificing your influence. Order a copy today for all of your association leaders and start your drive to thrive.

Cringe

"A wickedly funny debut. Baker is both self-absorbed and generous, whip-smart and naïve; she apologizes for none of it."—People It's lonely being a Mormon in New York City. Every year, Elna Baker attends the New York Regional Mormon Singles Halloween Dance. This year, her Queen Bee costume (which involves a funnel stinger stuck to her butt) isn't attracting the attention she'd anticipated. So once again, Elna finds herself alone, standing at the punch bowl, stocking up

on Oreos, a virgin in a room full of thirty-year-old virgins doing the Funky Chicken. But loneliness is nothing compared to what Elna feels when she loses eighty pounds, finds herself suddenly beautiful and in love with an atheist. Brazenly honest, The New York Regional Mormon Singles Halloween Dance is Elna Baker's hilarious and heartfelt chronicle of her attempt to find love in a city full of strangers and see if she can steer clear of temptation and just get by on God.

A Tribe Called Bliss

In Your Disgusting Head, Dr. and Mr. Doris Haggis-on-Whey reveal—through newly discovered discoveries—all the ways in which your head disappoints you. For many years the scientific and educational community has wondered and worried about the possibility that semi-sane scholar-pretenders would find the means to put out a series of reference books, filled with ludicrous misinformation and aimed at children. Well, we offer you Your Disgusting Head by Dr. and Mr. Doris Haggis-On-Whey. A world-renowned and much feared expert on everything, Dr. Doris Haggis-On-Whey has seventeen degrees from eighteen institutions of higher learning. With her husband, Benny, she has traveled the world many times over, has learned about all aspects of life, including outer space and food, first hand. The human body is beautiful and mysterious. The mysterious part reeks of cheese. But no part of your body is as scary and horrifying as your head! In Your Disgusting Head, you'll find amazing information, such as:

- The ear

was invented and designed by Feranando de la Mancini Goldfarb, in 1911, which was also a good year for yeast. · Good Reasons for teeth removal: dentist did it; peer pressure; not sharp enough; found better teeth, like, on the ground; suspected of enjoying flossing; decay and mouth politics. · The real reason your ears can't hear your pets talking. The answer is simple: your pet is a mumbler." With the wit and irreverent sense of humor for which Dave Eggers and McSweeney's is known, comes the second volume in the revolutionary Haggis-On-Whey World of Unbelievable Brilliance books. More than just entertaining and informative, *Your Disgusting Head* will help you appear smarter, more in touch with your sensitive side and whiten your teeth. And much, much more that will likely sicken you.

I Love You, Beth Cooper

The mystery of the body in motion. The surprise of seeing what seems impossible. And the pure, joyful optimism of it all. *Dancers Among Us* presents one thrilling photograph after another of dancers leaping, spinning, lifting, kicking—but in the midst of daily life: on the beach, at a construction site, in a library, a restaurant, a park. With each image the reader feels buoyed up, eager to see the next bit of magic. Photographer Jordan Matter started his *Dancers Among Us* Project by asking a member of the Paul Taylor Dance Company to dance for him in a place where dance is unexpected. So, dressed in a commuter's suit and tie, the dancer flew across a Times Square subway platform. And in that image

Matter found what he'd been searching for: a way to express the feeling of being fully alive in the moment, unself-conscious, present. Organized around themes of work, play, love, exploration, dreaming, and more, *Dancers Among Us* celebrates life in a way that's fresh, surprising, original, universal. There's no photoshopping here, no trampolines, no gimmicks, no tricks. Just a photographer, his vision, and the serendipity of what happens when the shutter clicks.

Game Hacking

A New York Times Bestseller, *Got Fight?* is an hysterical, entertaining, and in-your-face guide to fighting from the most enigmatic and unpredictable fighter in Mixed Martial Arts (MMA). Forrest Griffin is the light-heavyweight champion of the Ultimate Fighting Championship (UFC) and was the winner of the first season of Spike TV's *The Ultimate Fighter*; in *Got Fight?*, he shows you how he did it. With Erich Krauss, Muay Thai fighter and co-author of "The Prodigy" B.J. Penn's *Mixed Martial Arts: The Book of Knowledge*.

How to Pass as Human

In *Look Both Ways*, respected branding consultant and design community leader Debbie Millman has constructed a series of essays that examine the close relationship between design and everyday life. You'll find inspiration on every page as you meander through illuminating observations that are both personal and universal. Each beautifully illustrated

essay reveals the magic - and wonder - of the often unseen world around us. Excerpt from "Look Both Ways" It occurred to me, as I stood there, that I could simultaneously, vividly look both ways - backward and forward, in time - at once. I remembered longing to know what was coming, who I would become and how. And I suddenly saw it all over again in front of me. The light was exactly the same, and as the sun fell and the summer shadows slivered against the elegant, lean, concrete towers in the distance, I recognized the smell of the warm air, the precise pink and grey of the coming dusk and the mysterious melancholy and joy of both knowing and not-knowing, and the continuity that occurs when both collide.—Debbie Millman

Inside Pee-Wee's Playhouse

Lev is just like any other young, urban sub-professional who sees the world through inch-thick goggles of self-consciousness. Armed only with insecurity, doubt, and a seemingly inadvisable tenacity, Lev trudges through his days furiously analyzing himself and the world around him, desperately trying to figure out where he fits in. If you have ever felt like a perpetual square peg in a world of round holes, you have found a kindred spirit.

Pinball Wizards

Cooper Gillespie, an extremely intelligent and handsome Welsh springer spaniel, is a dog of discriminating taste and strong opinions. Now Cooper,

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with the assistance of cookbook author Sally Sampson and the transcription services of his favorite human, Susan Orlean, has put together 50 delectable recipes for snacks, meals, and treats for your canine companion. Maybe you're cooking everything because your collie has colitis or your Akita has a wheat allergy or your older dog just isn't thriving on commercial kibble. Maybe you're mixing up the occasional biscuit or treat to help your best fur-bearing friend over that I-just-ate-a-tennis-ball-and-don't-feel-so-good episode. Whatever the reason, the recipes in this book (which have been approved by dog trainer and nutritional consultant Stacy Alldredge) will satisfy the most discerning doggie palate. Many of them, in fact, can be shared with a favorite human (though preferably not from the same dish). Illustrated with more than 50 endearing black-and-white photographs of Cooper and friends by Cami Johnson, and liberally seasoned with stories, quotes, and nutrition tips, *Throw Me a Bone* makes a dog's dinner something to look forward to.

The Gospel of Trees

Gemma Teague's job with the wealthy Hadley family leads to a crush on their youngest son, but when her best friend insists that no rich white man would fall for a black girl like Gemma, it threatens to tear the lifelong friends apart.

Mortified

A moving, portrait of depression, from the host of the

podcast The Hilarious World of Depression "This book is an excellent life raft for those of us who are so sure that we are alone in our struggles. You should read it." —Jenny Lawson "A funny, honest book about depression, and what you can do despite it." —Neil Gaiman "Candid and funny and intimate." —Susan Orlean For years John Moe, critically-acclaimed public radio personality and host of The Hilarious World of Depression podcast, struggled with depression; it plagued his family and claimed the life of his brother in 2007. As Moe came to terms with his own illness, he began to see similar patterns of behavior and coping mechanisms surfacing in conversations with others, including high-profile comedians who'd struggled with the disease. Moe saw that there was tremendous comfort and community in open dialogue about these shared experiences and that humor had a unique power. Thus was born the podcast The Hilarious World of Depression. Inspired by the immediate success of the podcast, Moe has written a remarkable investigation of the disease, part memoir of his own journey, part treasure trove of laugh-out-loud stories and insights drawn from years of interviews with some of the most brilliant minds facing similar challenges. Throughout the course of this powerful narrative, depression's universal themes come to light, among them, struggles with identity, lack of understanding of the symptoms, the challenges of work-life, self-medicating, the fallout of the disease in the lives of our loved ones, the tragedy of suicide, and the hereditary aspects of the disease. The Hilarious World of Depression illuminates depression in an entirely fresh and inspiring way.

Race for Relevance

In an “eye-opening memoir” (People) “as beautiful as it is discomfiting” (The New Yorker), award-winning writer Apricot Irving untangles her youth on a missionary compound in Haiti. Apricot Irving grew up as a missionary’s daughter in Haiti. Her father was an agronomist, a man who hiked alone into the deforested hills to preach the gospel of trees. Her mother and sisters spent their days in the confines of the hospital compound they called home. As a child, this felt like paradise to Irving; as a teenager, it became a prison. Outside of the walls of the missionary enclave, Haiti was a tumult of bugle-call bus horns and bicycles that jangled over hard-packed dirt, road blocks and burning tires triggered by political upheaval, the clatter of rain across tin roofs, and the swell of voices running ahead of the storm. Poignant and explosive, Irving weaves a portrait of a missionary family that is unflinchingly honest: her father’s unswerving commitment to his mission, her mother’s misgivings about his loyalty, the brutal history of colonization. Drawing from research, interviews, and journals—her parents’ as well as her own—this memoir in many voices evokes a fractured family finding their way to kindness through honesty. Told against the backdrop of Haiti’s long history of intervention, it grapples with the complicated legacy of those who wish to improve the world, while bearing witness to the defiant beauty of an undefeated country. A lyrical meditation on trees and why they matter, loss and privilege, love and failure. The Gospel of Trees is a “lush, emotional debutA beautiful

memoir that shows how a family altered by its own ambitious philanthropy might ultimately find hope in their faith and love for each other, and for Haiti.” (Publishers Weekly, starred review).

Elf Girl

“This book is an effort to shed light on the truth. . . . To the extent that our leaders embody aspects of who we are as a people, studying how each president has participated in our nation’s complicated and often shameful treatment of black people is as good a place as any to start.” — Margaret Kimberley from the Preface “Margaret Kimberley gives us an intellectual gem of prophetic fire about all the U.S. presidents and their deep roots in the vicious legacy of white supremacy and predatory capitalism. Such truths seem more than most Americans can bear, though we ignore her words at our own peril!” — Cornel West, author of *Race Matters* **PREJUDICIAL** is a concise, authoritative exploration of America’s relationship with race and black Americans through the lens of the presidents who have been elected to represent all of its people. Throughout the history of the United States, numerous presidents have left their legacies as slaveholders, bigots, and inciters of racial violence, but were the ones generally regarded as more sympathetic to the plight and interests of black Americans—such as Lincoln, FDR, and Clinton—really much better? And what of all the presidents whose relationship with black America is not even considered in the pages of most history books? Over the course of 45 chapters—one for each

president—Margaret Kimberley enlightens and informs readers about the attitudes and actions of the highest elected official in the country. By casting sunlight on an aspect of American history that is largely overlooked, Prejudential aims to increase awareness in a manner that will facilitate discussion and understanding.

Dancers Among Us

How Much Have YOU Changed Since Childhood? From the makers of the acclaimed Mortified podcast, stage show and documentary series, this interactive diary is part time machine, part confession booth. Discover how much you've changed (and haven't) as you answer questions about your: • Love life • Family life • Best days • Worst days • Fears • Vices • Unfortunate fashion history (no, that Hypercolor shirt will never be cool again) • And beyond! With prompts that encourage you to compare your life THEN vs. NOW, My Mortified Life is a cathartic way to relive your past, reflect on your present and figure out whether you're still the same wonderful weirdo you were back in the day.

Collared

College presents a whole new set of challenges, and even students who excelled in high school will struggle. Going in confident only to be faced with uncertainty can be difficult, but with a bit of strategy, you can learn to be back on top in no time. In this guide to relearning how to learn, engineer and

educator Dr. Karl W. Reid reveals his -Deep Dive- learning method, which he's taught to countless students as a mentor, director of programs, and associate dean. The approach originated with his own experience. After graduating near the top of his class, Reid headed off to MIT with high expectations. After a distressing failing grade, he realized his old study habits weren't enough. Every student hits this wall at some point. The key is to rise up from failure and learn to work smarter. This guide lays out a practical path to academic success. You will learn how to overcome setbacks by building confidence, engage with peers and professors, and take a comprehensive approach to learning, principles that can also be applied to the workplace. This perspective comes from an academic who overcame personal challenges to excel in the STEM field. If you're willing to put in the work, this plan will get you through.

Switched on Pop

Denis Cooverman wanted to say something really important in his high school graduation speech. So, in front of his 512 classmates and their 3,000 relatives, he announced: "I love you, Beth Cooper." It would have been such a sweet, romantic moment. Except that Beth, the head cheerleader, has only the vaguest idea who Denis is. And Denis, the captain of the debate team, is so far out of her league he is barely even the same species. And then there's Kevin, Beth's remarkably large boyfriend, who's in town on furlough from the United States Army. Complications ensue.

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