

# **Living The Savvy Life Womans Guide To Smart Spending And Rich Melissa Tosetti**

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## **Owning Your Financial Success**

Melanie Notkin wants to change our perceptions  
about childless women. The rise of childless women is

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one of the most overlooked and under-appreciated social issues of our time. Never previously have more women lived longer before having their first child or remained childless toward the end of their fertility. In the U.S., the level of childlessness of women age forty to forty-four has doubled, from 10 percent in 1976 to 20 percent in 2006. Society assumes that women either are mothers or choose not to be mothers, but waiting for love and marriage—or at least a committed union—before embarking on motherhood seems to be the least acceptable life choice for the modern woman. Nearly half of North American women of childbearing age are childless, a steep rise from 35 percent in 1976. Nevertheless, childless women are perceived as the exception, not the norm. In *Otherhood*, Melanie Notkin explores this modern phenomenon to understand the reasons for this shift, the social and emotional impact of childlessness, and how this “new normal” will impact social structures in the decades to come. Part anecdotal storytelling, part inspirational, part reportage, and part manifesto, *Otherhood* sets out to get to the heart of the issues, enliven the societal consciousness, and trigger conversation. Notkin offers a very personal take on a trend that affects so many modern women.

### **The Honest Life**

A marketing manager for a personal finance company offers 50 practical tips to help today's women become financially savvy.

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Struggle to find the perfect work - life balance? Work extremely hard and never seem to find your mojo? Keen to lead a fitter, healthier, more active and refreshed lifestyle - but you have no idea where to start? We've got good news: Written for smart, savvy and business people - Nikki helps you blend active, healthy living seamlessly into your life. You won't find strict calorie-controlled diet, a brutal eating plan or a prolific exercise regime..But you will find the tools to achieve long-lasting, effortless health and wellness. Nikki Fogden-Moore, aka "The Vitality Coach," shows you a committed approach to create a positive lifestyle full of energy and vitality. Laying the groundwork, and a plan of action to create bring fitness, food and mindset into balance - without turning your life upside down. Nikki's passion and purpose; Vitality, the book is born out of her desire to share her knowledge and success, and to deliver an authentic toolkit to help people everywhere achieve optimal health and wellbeing. The truth is, creating a healthy, active lifestyle is not about living off 1,000 calories per day, or slaving away in the gym for 90-minute sessions every morning. Rather, it's about changing your mindset and taking advantage of the resources at your disposal, so you can start living your best, most energetic life today! In Vitality, an inspiring, contemporary and easy to follow book, Nikki lays out a complete health and fitness roadmap to empower readers towards a healthier, more active lifestyle. She does this by exploring her three pillars for optimal health and creating the life you want: 1. Fresh Air - Gone are the days of exercise being a chore. Getting outside and enjoying the best of what

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nature has to offer is what it's all about, and it's uplifting for the mind, body and soul. 2. Fresh Food - Good nutrition gives us the fuel to deal with whatever life throws at us, physically and emotionally - and best of all, when healthy food is prepared well, it tastes amazing, too. 3. Fresh Perspective - All the food and exercise knowledge in the world means nothing if you're not in the right headspace, which is why Nikki dedicates the entire first section of the book to rewiring your mindset to view the glass as half-full. Combining easy to follow exercises, simple recipes, nutritional expertise and gorgeous, inspiring imagery, the book comprises Nikki's most popular and proven exercises, tips and tools that have been successful on an international platform over the last decade. Find your why, build your dream team and create the life you want with Nikki as your personal guide to feeling fantastic.

### **The Savvy Woman's Guide to Financial Freedom**

ABC News anchor Dion Lim's empowering workplace communication strategies for women in any industry "As women, we're constantly told to speak up, lean in, and be a badass . . . We absolutely should. We must! But we have to execute these things in the right way." In a fast-paced world where opportunities appear- and shift- at a moment's notice, how you communicate can, quite simply, make or break your career. Your work environment today includes a diverse array of people and personalities. The ability to interact with all of them, think on your feet, and

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grab a good opportunity when it's facing you is the special sauce that will help you achieve your goals. Dion Lim has seen it all. As an Asian-American woman in the hyper-competitive, white- and male-dominated business of TV news, her career path required a powerful blend of street smarts, determination, and a willingness to learn from mistakes - all of which she learned on the job. Today, she's an ABC anchor in one of the biggest cities in the country. In *Make Your Moment*, Dion guides you through what she has learned on the career battlefield and what it means for other working women today. She'll take you through the treacherous--and often entertaining--landscape of the modern workplace, covering virtually every situation you're likely to experience. From the art of thinking quickly on your feet to #MeToo moments, you'll learn how to master office politics, make online/social media dynamics (good and bad) work for you, and thrive under pressure. Dion learned how to stay true to herself, so she could find her moment and make it, rising from a local reporter to the national stage. Now it's your turn.

## **The Money Rules**

Are you tired of living paycheck to paycheck? Do you feel overwhelmed by the demands of work and family, and pressured to make ends meet? Are you letting self-doubt, fear, jealousy, or perfectionism keep you from getting more? Are you conscious of the choices you make with your money? Greater financial success is just around the corner.

## **The Uncommon Woman**

"A heart health book for women by renowned cardiologist Suzanne Steinbaum"--

## **Savvy Money Gal**

Have records, compact discs, and other sound reproduction equipment merely provided American listeners with pleasant diversions, or have more important historical and cultural influences flowed through them? Do recording machines simply capture what's already out there, or is the music somehow transformed in the dual process of documentation and dissemination? How would our lives be different without these machines? Such are the questions that arise when we stop taking for granted the phenomenon of recorded music and the phonograph itself. Now comes an in-depth cultural history of the phonograph in the United States from 1890 to 1945. William Howland Kenney offers a full account of what he calls "the 78 r.p.m. era"--from the formative early decades in which the giants of the record industry reigned supreme in the absence of radio, to the postwar proliferation of independent labels, disk jockeys, and changes in popular taste and opinion. By examining the interplay between recorded music and the key social, political, and economic forces in America during the phonograph's rise and fall as the dominant medium of popular recorded sound, he addresses such vital issues as the place of multiculturalism in the phonograph's history, the roles of women as record-player listeners and performers,

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the belated commercial legitimacy of rhythm-and-blues recordings, the "hit record" phenomenon in the wake of the Great Depression, the origins of the rock-and-roll revolution, and the shifting place of popular recorded music in America's personal and cultural memories. Throughout the book, Kenney argues that the phonograph and the recording industry served neither to impose a preference for high culture nor a degraded popular taste, but rather expressed a diverse set of sensibilities in which various sorts of people found a new kind of pleasure. To this end, *Recorded Music in American Life* effectively illustrates how recorded music provided the focus for active recorded sound cultures, in which listeners shared what they heard, and expressed crucial dimensions of their private lives, by way of their involvement with records and record-players. Students and scholars of American music, culture, commerce, and history--as well as fans and collectors interested in this phase of our rich artistic past--will find a great deal of thorough research and fresh scholarship to enjoy in these pages.

### **Women's Lives**

An exploration of the self-fulfilling lives of people who, by chance or choice, have no children of their own • Investigates the life choices people make around having children and alternate ways of finding purpose in life • Based on a global survey and more than 50 in-depth interviews with childless and childfree women and men aged 19 to 91 from different cultures and walks of life • Enables readers to place their own

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circumstances in a larger context as they gain insight in the worldwide trend of people who lead a self-fulfilling, childless life. Not having children is on the rise in many countries across the globe. August 1st has been named International Childfree Day, with a Childfree Woman and Man of the Year Award. Yet being childless is a subject not much talked about--the focus tends to be on having families and raising children, in rural, town, or city life. Let's talk about not having children, about what people like us do with our time, about how we spend our money, and--most of all--how we find purpose and fulfilment in our lives. Never attracted to family life herself, Lisette Schuitemaker began openly discussing why people didn't have children and how that was for them, resulting in intimate conversations with childless women and men and surprising insights. Inspired to delve further, she interviewed non-parenting people aged 19 to 91 across the globe. She found that no story was like the other and that many had been waiting to be listened to with sensitivity. She heard stories across the spectrum, from exhilarating to painful, from people still on the fence to the childfree who have always known starting a family was not for them. Complementing her interview findings with a worldwide survey and recent research, the author paints a rich picture of the individual lives of childless and childfree women and men. This book is for everyone who has not gone the way of parenthood, who has close family or friends who lead self-directed lives without offspring, and for all those who are still contemplating this essential life choice. The stories in this book also testify that not having children of your own in no way means the joys

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(and trials) of children pass you by altogether. This book shows that it is ok to celebrate not only the parenting way of life and the children who come to those who love them, but also those who are brave enough to follow the lesser known path of non-parenting.

### **Savvy, Sassy and Bold After 50!**

Take charge of your finances and achieve financial independence - the Clever Girl way Join the ranks of thousands of smart and savvy women who have turned to money expert and author Bola Sokunbi for guidance on ditching debt, saving money, and building real wealth. Sokunbi, the force behind the hugely popular Clever Girl Finance website, draws on her personal money mistakes and financial redemption to educate and empower a new generation of women on their journey to financial freedom. Lighthearted and accessible, Clever Girl Finance encourages women to talk about money and financial wellness and shows them how to navigate their own murky financial waters and come out afloat on the other side. Monitor your expenses, build a budget, and stick with it Make the most of a modest salary and still have money to spare Keep your credit in check and clean up credit card chaos Start and succeed at your side hustle Build a nest egg and invest in your future Transform your money mindset and be accountable for your financial well-being Feel the power of real-world stories from other "clever girls" Put yourself on the path to financial success with the valuable lessons learned from Clever Girl

## **The IMS Ayer Directory of Publications**

LET THIS BOOK GIVE YOU THE CONFIDENCE, COURAGE, and KNOW-HOW YOU NEED TO MAKE THIS THE TIME OF YOUR LIFE! If you are single and "flying solo", so many questions and challenges arise that you have to face on your own. Also, many great opportunities arise to create the life you want. What it takes to live your best life, now, is the right kinds of know-how. Solo and Savvy is a step-by-step personal guide complete with information, pointers, ideas, advice, check lists, stories of success and best of all-encouragement to help you handle such things as: discovering how to have fun connecting with others turning difficult emotions into positive, healing experiences building and protecting a strong financial base safe-guarding your health-body, mind and spirit having a great time traveling on your own being wise about home maintenance and repairs Free yourself from the stress and anxiety of being single and alone, and use the tips and suggestions offered here to empower yourself, jump start your life, and take advantage of the best the world has to offer you. What you need to know is in these pages. IF YOU'RE SOLO GET SAVVY!

## **Savvy Auntie**

## **The Savvy Girl's Money Book**

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Madeleine L'Engle's *A Wrinkle in Time* has captured the imagination of millions - from literary sensation to timeless classic and now a major motion picture starring Oprah Winfrey, Reese Witherspoon, Storm Reid, and Mindy Kaling. *A Light So Lovely* tells the story of the woman at the center of it all - her imagination, her faith, her pattern of defying categories, and what readers today can learn from her legacy. Bestselling and beloved author Madeleine L'Engle, Newbery winner for *A Wrinkle in Time*, was known the world round for her imaginative spirit and stories. She was also known to spark controversy - too Christian for some, too unorthodox for others.

Somewhere in the middle was a complex woman whose embrace of paradox has much to say to a new generation of readers today. *A Light So Lovely* paints a vivid portrait of this enigmatic icon's spiritual legacy, starting with her inner world and expanding into fresh reflections of her writing for readers today. Listen in on intimate interviews with L'Engle's literary contemporaries such as Philip Yancey and Luci Shaw, L'Engle's granddaughter Charlotte Jones Voiklis, and influential fans such as Makoto Fujimura, Nikki Grimes, and Sarah Bessey, as they reveal new layers to the woman behind the stories we know and love. A vibrant, imaginative read, this book pulls back the curtain to illuminate L'Engle's creative journey, her persevering faith, and the inspiring, often unexpected ways these two forces converged. For anyone earnestly searching the space between sacred and secular, miracle and science, faith and art, come and find a kindred spirit and trusted guide in Madeleine - the Mrs Whatsit to our Meg Murry - as she sparks our imagination anew.

## **Savvy Women Readers and Gender Strategies in the Workplace**

This is a practical comprehensive book for women 50 and over filled with personal testimonies, and vital information to make lifestyle, health and financial plans for their future.

## **Salty Wives, Spirited Mothers, and Savvy Widows**

Provides advice from a Christian perspective on how women can achieve greater personal happiness, discussing thirteen areas in which choices can be made to overcome adversity, maximize opportunity, and gain deeper satisfaction with life decisions.

## **Savvy Woman**

“What a wonderful gift this book is for aunties of all of ages, backgrounds, shapes and varieties!” —Elizabeth Gilbert, New York Times bestselling author of *Eat, Pray, Love* “Melanie Notkin shines a much-needed spotlight on a bond that brings so much happiness to so many people.” —Gretchen Rubin, New York Times bestselling author of *The Happiness Project* *Savvy Auntie* is the ultimate guide for cool aunts, great-aunts, godmothers, and all women who love kids but have none of their own! Written by Melanie Notkin—America’s premier Savvy Auntie and creator of the popular online community [savvyauntie.com](http://savvyauntie.com)—*Savvy Auntie* focuses on everything that parenting manuals generally leave

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out: namely auntie-ing! This groundbreaking handbook celebrates the 50% of kid-loving American women who aren't (or are not yet) moms, but have so much to add to the Family Village.

### **Make Your Moment: The Savvy Woman's Communication Playbook for Getting the Success You Want**

Women & Philanthropy Women's philanthropy has led the way in virtually reinventing the world of fundraising and ways of giving. When women make a gift, are in a leadership position, or volunteer their time to a nonprofit or charitable organization, they tend to base their efforts on solid principles such as compassion, values, vision, and responsibility. Women are increasingly engaged in giving circles, global giving, transformative gifts, entrepreneurial giving, faith-based giving, family and couple giving, and social change gifts. Based on extensive interviews and the authors' combined half century of experience, Women and Philanthropy shares new ways to better engage women in giving, as well as insights into developing women leaders in the nonprofit arena, and advises women seeking to develop as philanthropic leaders and shape the future for the better. Women and Philanthropy explores women's philanthropic endeavors, offering a wealth of information on key topics such as how and why women give, what it takes to develop a gender-sensitive fundraising program, how to develop a strategic plan to involve women as leaders and donors, and suggestions for working with women of wealth.

## **Recorded Music in American Life**

Women now control most of the assets in the United States yet many feel they lack the skills to make financial decisions. *Owning Your Financial Success* explores the strategies that savvy women utilize to build financial confidence. *Owning Your Financial Success* covers everything from negotiating skills to owning income producing assets. It gives concrete steps that everyone can take to move themselves towards financial success.

## **Childless Living**

A happy, successful, God-pleasing life comes in a variety of packages. "And contrary to what our churches, married friends, society, and nosy Aunt Marge may tell us, that includes singleness." In this up-front book packed with girl talk and plenty of pep, Camerin Courtney reveals how she transformed from a self-conscious single girl to an I-am-single-hear-me-roar woman. While she admits that she still has "singleness stinks" days, Courtney doesn't indulge in pity parties or offer readers a guide on finding Mr. Right. *Table for One* is, instead, an optimistic, up-beat look at the many emotions, expectations, joys, frustrations, and privileges of singleness. It shows how to dive into God's plan and purposes for this phase of life--whether it lasts for four years or forever. Fun and encouraging sidebars sprinkle the text, covering everything from must-see movies to a list of great things about singleness (i.e., "If we buy floral sheets, no one complains.") This savvy, girlfriend-to-

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girlfriend guide to singleness will delight and inspire single women. It offers great insight for friends, families, and church leaders who want to encourage them as well.

### **Happy Women Live Better**

This interdisciplinary, multicultural text-reader provides an introduction to women's studies within a global context by examining the diversity of women's lives across categories of race-ethnicity, class, sexuality, disability, and age. Substantial chapter introductions provide statistical information and explanations of key concepts and ideas as a context for the reading selections. Each chapter includes reading questions and suggestions for taking action, to help students link what they learn to their own lives and to the world around them.

### **Breaking Money Silence®: How to Shatter Money Taboos, Talk More Openly about Finances, and Live a Richer Life**

Does your heart race when your credit card bill arrives? Are you one flat tire or one emergency room visit from financial ruin? If you think a secure financial future is out of reach, you're wrong. Let Marianna Olszewski teach you how to love your money instead of running scared from it. Marianna didn't start out rich, happy and fabulous. A strapped-for-cash childhood motivated her to strive for abundance and financial independence-goals she exceeded by age thirty as a successful business owner and respected

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Wall Street player. Now Marianna reveals the lessons she learned on her own road to success and the savvy strategies of other amazing women. She shows how to let go of stress, break your bad money habits, take control of your finances, and finally achieve your goals and a happier, richer life. You'll learn to: -Say Yes to Yourself: Turn toward people and situations that enhance your life and well being, and away from those that don't. Until you start affirming your future through both thought and action, your efforts to improve your finances will fall flat. -Fall in Love with Your Money: Having a cavalier attitude toward money is part of the reason many of us find ourselves in a financial pickle. But when you treat your money with respect, keep track of it and spend and save it wisely your money will always love you back. -Act as If: If you think that change is impossible, think again. Start your transformation by acting as if you already are as successful, intelligent, and prosperous as you want to be. Live It, Love It, Earn It is full of true stories of ordinary women who have overcome tough challenges, such as climbing the corporate ladder, getting out of debt, and changing jobs mid-career, to get the life you want. Marianna also shares insights from other successful women like designer Diane von Furstenberg; shoe mogul Tamara Mellon (of Jimmy Choo); fashion entrepreneur Tory Burch; the first woman to hold a seat on the New York Stock Exchange, Muriel Seibert; and Congresswoman Marsha Blackburn. Let Marianna give you the tools you need to create and maintain an abundant and fulfilling life. For more information, visit: [www.LiveItLoveItEarnIt.com](http://www.LiveItLoveItEarnIt.com)

## **Live It, Love It, Earn It**

Italians were the largest group of immigrants to the United States at the turn of the twentieth century, and hundreds of thousands led and participated in some of the period's most volatile labor strikes. Jennifer Guglielmo brings to life the Italian working-class women of New York and New Jersey who helped shape the vibrant radical political culture that expanded into the emerging industrial union movement. Tracing two generations of women who worked in the needle and textile trades, she explores the ways immigrant women and their American-born daughters drew on Italian traditions of protest to form new urban female networks of everyday resistance and political activism. She also shows how their commitment to revolutionary and transnational social movements diminished as they became white working-class Americans.

## **Living the Simply Luxurious Life**

Reveals ten secrets to thriving as a woman in middle-age, including trusting God with life-impacting decisions, attaining peace with life changes, and choosing joy regardless of the obstacles in one's life.

## **The Savvy Woman Patient**

## **Otherhood**

Anyone concerned about finances—and that's just

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about everyone—will welcome this step-by-step guide to opening up about a difficult subject. It offers a strategy that can save money, improve relationships, and help people raise fiscally responsible children. • Discusses the societal, familial, and personal roadblocks that make talking about money and finance challenging • Explores gender differences when it comes to talking about money and how "money silence" contributes to the wage gap for women • Reveals the cost of living in "money silence," including how it contributes to the high U.S. divorce rate, how it inhibits the ability of some parents to raise financially literate and responsible children, and how it stops families from successfully passing on wealth • Identifies common money myths that fuel financial misunderstandings and mistakes, and offers tools for uncovering these fallacies • Shows how the financial advising industry has colluded with the idea that men and women don't need to talk about family finances as a couple—and how advisors can advocate for change • Shares practical, easy-to-implement tips and tools for talking about money with partners, parents, siblings, children, and employers/employees • Offers a "Money Talk Challenge" coaching exercise at the end of each chapter, with a special section on how advisors can use these tools with clients

### **Brandweek**

### **Dr. Suzanne Steinbaum's Heart Book**

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A profound portrait of the real lives of women living below the poverty line. The title comes from street vernacular: "Don't call me out of name" means don't label me something I'm not. "Brilliantly convey[s] the experiences and challenges of living in and coping with poverty. Don't Call Us Out of Name should be read by all people involved in the national dialogue on poverty and welfare in America, especially those with simplistic views about social deprivation." -William Julius Wilson, author of When Work Disappears

### **Clever Girl Finance**

A vibrant new voice . . . a modern classic. For generations, the Beaumont family has harbored a magical secret. They each possess a “savvy”—a special supernatural power that strikes when they turn thirteen. Grandpa Bomba moves mountains, her older brothers create hurricanes and spark electricity . . . and now it’s the eve of Mibs’s big day. As if waiting weren’t hard enough, the family gets scary news two days before Mibs’s birthday: Poppa has been in a terrible accident. Mibs develops the singular mission to get to the hospital and prove that her new power can save her dad. So she sneaks onto a salesman’s bus . . . only to find the bus heading in the opposite direction. Suddenly Mibs finds herself on an unforgettable odyssey that will force her to make sense of growing up—and of other people, who might also have a few secrets hidden just beneath the skin.

### **Vitality**

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Covers fertility, common women's ailments, feminine hygiene, and preventive health measures

## **African Market Women**

What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to:

- Recognize your innate strengths
- Acquire the skills needed to nurture your best self
- Identify and navigate past societal limitations often placed upon women
- Strengthen your brand both personally and professionally
- Build a supportive and healthy community
- Cultivate effortless style
- Enhance your everyday meals with seasonal fare
- Live with less, so that you can live more fully
- Understand how to make a successful fresh start
- Establish and mastermind your financial security
- Experience great pleasure and joy in relationships
- Always strive for quality over quantity in every arena

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of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everydays as much as the grand occasions. As you learn to live well in your everydays, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.

### **Savvy**

## **10 Secrets to Living Smart, Savvy, and Strong**

### **The Savvy Woman's Success Bible**

Financial trainer Susan Hayes believes that every woman can and should get to grips with money management. In *The Savvy Woman's Guide to Financial Freedom* she gets to the heart of why you might be having problems and, like straight-talking American expert, Suze Orman, she comes up solutions whatever your situation. Think about it How many times have you said to yourself, 'This is the year when I finally get to grips with my finances'? But somehow time slips away and twelve months later

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you are no better off. How many times have you decided to stick to a budget only to see events get in the way and your good intentions frustrated? Do you have a nagging sense that you're not in charge of your money and that your future financial well-being is beyond your control? Even worse, in these challenging economic times, are you so stressed about money that you cannot even begin to see a way out of your situation? Whether you're figuring out how to squeeze enough money from the family budget to save for a much-needed holiday, finally preparing to tackle years of lifestyle debt, or taking a leap of faith and starting your own business, *The Savvy Woman's Guide to Financial Freedom* is brimful of down-to-earth and encouraging advice, and practical user-friendly methods, to show you how to get where you want to go. By following Susan Hayes's guidance you could find that it takes as little as an hour a week to check your financial well-being, to make sure you are on track to accomplish your goals and to achieve ongoing peace of mind about money. Corkwoman Susan Hayes has had a life-long love affair with business (as a little girl she held board meetings with her teddy bears) and went on to get a BSC in Financial Maths and Economics from NUI Galway. She is managing director of the international financial training company Hayes Culleton. Because of her can-do approach to resolving even the stickiest economic questions in her many media appearances (RTÉ, TV3, Today FM, 4FM, Sunday Independent) she has become known as the Positive Economist.

**Don't Call Us Out of Name**

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In these lively life stories, women market traders from Ghana comment on changing social and economic times and on reasons for their prosperity or decline in fortunes. Gracia Clark shows that market women are intimately connected with economic policy on a global scale. Many work at the intersection of sophisticated networks of transnational commerce and migration. They have dramatic memories of independence and the growth of their new nation, including political rivalries, price controls, and violent raids on the market. The experiences of these women give substance to their reflections on globalization, capital accumulation, colonialism, technological change, environmental degradation, teenage pregnancy, marriage, children, changing gender roles, and spirituality. Clark's commentary illuminates the complex historical and cultural setting of these deeply revealing lives.

### **Living the Revolution**

You work hard and you love life. You're busy and it's a bit eye-glazing to have to think about money. But if your debts are rising and the idea of ever owning your own home is fading, maybe it's time you did. With a few savvy tricks, Emily Chantiri can help make your dream life a reality. Full of tips and information, this fully updated Savvy Girl's Money Book will help you get on top of your finances and stay there.

### **Savvy**

## **A Light So Lovely**

The Golden Globe-nominated actress and the co-founder of The Honest Company counsels busy moms on how to make affordable and healthy choices for their families without sacrificing style, sharing a variety of family-friendly recipes, eco-friendly decorating tips and natural beauty-care advice. Original. 150,000 first printing.

## **Solo and Savvy**

Engaging feminist hermeneutics and philosophy in addition to more traditional methods of biblical study, *Salty Wives, Spirited Mothers, and Savvy Widows* demonstrates and celebrates the remarkable capability and ingenuity of several women in the Gospel of Luke. While recent studies have exposed women's limited opportunities for ministry in Luke, Scott Spencer pulls the pendulum back from a negative feminist-critical pole toward a more constructive center. Granting that Luke sends somewhat "mixed messages" about women's work and status as Jesus' disciples, Spencer analyzes such women as Mary, Elizabeth, Joanna, Martha and Mary, and the infamous yet intriguing wife of Lot -- whom Jesus exhorts his followers to "remember" -- as well as the unrelentingly persistent women characters in Jesus' parables.

## **Women and Philanthropy**

Teaches women how to approach various personal

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and business situations to achieve success in their professional and personal lives, covering topics ranging from rules in romance to properly interviewing for a position. Original.

### **Table for One**

Researched and written by the respected Society for Women's Health Research and based on its almost 15 years as a research advocacy organization, this comprehensive guide provides real answers to vital questions that affect a woman's health from young adulthood to menopause and beyond.

### **The Women's Complete Healthbook**

Imagine yourself in a pool of strong swimmers, all swimming clockwise. You, a Christian woman, are swimming counter-clockwisecounter-cultural, if you will. This book is for the woman who longs to rise up out of the stereotypical behavior of gossip, insecurity, pettiness, and small dreams. She has an unfulfilled desire to be someone who goes against the grain of the common for the sole purpose of living a life with conviction. The woman who reads this book is ready to believe in her deep value, ready to accept her high calling, and ready to make a difference in a world in need of her influence. Go ahead, swim against the stream to become The Uncommon Woman.

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