

American Heart Association Code Blue Guidelines

American Heart Association No-Fad Diet Pharmacology for the Surgical Technologist - E-Book 2010 American Heart Association Guidelines for CPR and ECC Angel on a Leash Textbook of Neonatal Resuscitation Cardiac Critical Care Pharmacology for the Surgical Technologist - E-Book Resuscitation Aspects BLS For Healthcare Providers Qualitative Text Analysis Basic Life Support Instructor Manual ACLS Pocket Reference Cards Eat, Drink, and Be Healthy 2015 American Heart Association Guidelines The New American Heart Association Cookbook Heartsaver First Aid CPR AED Student Workbook (Japanese) ACLS Review Made Incredibly Easy CPR/AED for the Professional Rescuer ACLS for Experienced Providers Manual and Resource Text Pediatric Advanced Life Support Code Blue Strategies to Improve Cardiac Arrest Survival 2015 Handbook of Emergency Cardiovascular Care for Healthcare Providers American Heart Association Eat Less Salt Advanced Cardiovascular Life Support Emergency Crash Cart Cards Initiation of a Code Blue Simulation Training Project Pediatric Emergency Assessment, Recognition, and Stabilization BLS for Healthcare Providers Code Blue Cardiovascular Disability Code Blue Advanced Cardiovascular Life Support Instructor Manual Advanced First Aid, CPR, and AED Advanced Cardiac Life Support (ACLS) Provider Handbook Health, Safety, and Nutrition for the Young Child Diabetes and Heart Healthy Meals for Two American Heart Association Healthy Fats, Low-Cholesterol Cookbook Cardiopulmonary Resuscitation Heartsaver First Aid Quick Reference Guide Code of Ethics for Nurses with Interpretive Statements

American Heart Association No-Fad Diet

Product 15-1008

Pharmacology for the Surgical Technologist - E-Book

2010 American Heart Association Guidelines for CPR and ECC

Angel on a Leash

The Social Security Administration (SSA) uses a screening tool called the Listing of Impairments to identify claimants who are so severely impaired that they cannot work at all and thus immediately qualify for benefits. In this report, the IOM makes several recommendations for improving SSA's capacity to determine disability benefits more quickly and efficiently using the Listings.

Textbook of Neonatal Resuscitation

This manual is developed for use within advanced first aid, CPR, and AED training courses offered through the Emergency Care & Safety Institute. Based on the 2010 International Consensus Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC), Advanced First Aid, CPR, and AED, Sixth Edition is

ideal for use within college-level courses designed to certify individuals in first aid, CPR, and AED. More than a stand-alone text, this student manual is the center of an integrated teaching and learning system that offers many resources to better support instructors and prepare students. This manual includes: Coverage of the 2010 CPR and ECC Guidelines: Clear, concise direction on how to perform CPR and use an AED during an emergency. Current information on injuries and illnesses: Core information for first aiders presented in a clear and straightforward format. Skill Drills: Offer step-by-step explanations and visual summaries of important skills. Emergency Care Wrap-Up Tables: Provide a concise summary of what signs first aiders should look for and what treatment steps they should take. About the Emergency Care & Safety Institute The Emergency Care & Safety Institute (ECSI) is an internationally renowned organization that provides training and certifications that meet job-related requirements as defined by regulatory authorities such as OSHA, The Joint Commission, and state offices of EMS, Education, Transportation, and Health. ECSI's courses are delivered throughout a range of industries and markets worldwide, including colleges and universities, business and industry, government, public safety agencies, hospitals, private training companies, and secondary school systems. ECSI offers world-class training solutions in the areas of: Advanced Cardiac Life Support Automated External Defibrillation Babysitter Safety Bloodborne and Airborne Pathogens CPR (Layperson and Health Care levels) Driver Safety Emergency Medical Responder (formerly known as First Responder) First Aid (Standard, Advanced, Pediatric, Wilderness, and other levels) Oxygen Administration

Cardiac Critical Care

Knock down that sodium--but not the flavor--to decrease your blood pressure and risks for heart attack and stroke. This toolkit, sodium tracker, and cookbook in one gives you solid health information and 60 low-sodium recipes for favorite comfort foods. With the book's step-by-step approach, eating less salt has never been more achievable. Everyone can benefit from a lower sodium diet: Millions of Americans (including 97 percent of children) consume far more sodium than they need, averaging about 3,400 milligrams of sodium a day, or seven times what the body needs to function. To help you achieve the association's recommended daily sodium intake of 1,500 milligrams, *Eat Less Salt* gives you realistic strategies for cutting back on sodium gradually. With this book, you'll learn how to: -Monitor your current sodium intake -Reduce the high-sodium products in your pantry, refrigerator, and freezer -Read and understand food labels -Know which popular foods are "salt traps" -Keep sodium in check while eating out -Plan healthy, lower-sodium weekly menus without sacrificing flavor From the Trade Paperback edition.

Pharmacology for the Surgical Technologist - E-Book

Product 15-1022

Resuscitation Aspects

Instructor CD contents include: Precourse materials -- Course materials -- Evaluation materials -- Resources.

BLS For Healthcare Providers

In this national bestseller based on Harvard Medical School and Harvard School of Public Health research, Dr. Willett explains why the USDA guidelines--the famous food pyramid--are not only wrong but also dangerous.

Qualitative Text Analysis

“Code Blue” is the phrase customarily announced over hospital public address systems to alert staff to an urgent medical emergency requiring immediate attention. How has the United States, with more resources than any nation, developed a healthcare system that delivers much poorer results, at near double the cost of any other developed country—such that legendary seer Warren Buffett calls the Medical Industrial Complex “the tapeworm of American economic competitiveness”? Mike Magee, M.D., who worked for years inside the Medical Industrial Complex administering a hospital and then as a senior executive at the giant pharmaceutical company Pfizer, has spent the last decade deconstructing the complex, often shocking rise of, and connectivity between, the pillars of our health system—Big Pharma, insurance companies, hospitals, the American Medical Association, and anyone affiliated with them. With an eye first and foremost on the bottom line rather than on the nation's health, each sector has for decades embraced cure over care, aiming to conquer disease rather than concentrate on the cultural and social factors that determine health. This decision Magee calls the “original sin” of our health system. Code Blue is a riveting, character-driven narrative that draws back the curtain on the giant industry that consumes one out of every five American dollars. Making clear for the first time the mechanisms, greed, and collusion by which our medical system was built over the last eight decades—and arguing persuasively and urgently for the necessity of a single-payer, multi-plan insurance arena of the kind enjoyed by every other major developed nation—Mike Magee gives us invaluable perspective and inspiration by which we can, indeed, reshape the future.

Basic Life Support Instructor Manual

This New American Red Cross CPR/AED for the Professional Rescuer Participant's Manual and course reflect changes based on the 2005 Consensus on Science for CPR and Emergency Cardiovascular Care (ECC) and the Guidelines 2005 for First Aid. Changes to this program and manual include simplifications to many of the CPR skill sequences, which helps improve retention. There have also been changes to help improve the quality of CPR. The integration of CPR skills into the operation of AEDs had changed to help improve survival from sudden cardiac arrest. Professional rescuers are now trained to use AEDs on adults and children. Information has been updated and added to this program to help professional rescuers administer epinephrine, aspirin and fixed-flow-rate oxygen. The skills learned in this course include adult, child and infant rescue breathing, conscious and unconscious choking, CPR, two-rescuer CPR and adult and child AED. Additional training can be added to this course including bloodborne pathogens training and emergency oxygen administration. While the skills and knowledge that professional rescuers use are increasing, this training will help you meet your

most important responsibility as a professional rescuer- the responsibility to save lives.

ACLS Pocket Reference Cards

Embarking on the first clinical rotation in a hospital is a daunting experience for clinicians, as textbook knowledge does not necessarily correlate with the know-how that is necessary "in the trenches" at the hospital. Whether you are a nurse tending to a central venous line or an intern inserting that line, Code Blue is an indispensable addition t

Eat, Drink, and Be Healthy

The roles of a Code Blue team are demonstrated in this program as staff go through a mock code scenario in an inpatient unit. Each member, including the team leader, bedside nurses, anesthesiologist, procedure physician, medication nurse, CPR nurse, and recorder, describes in detail the responsibilities he or she has during resuscitation with Code Blue experts, who provide immediate feedback and insight.

2015 American Heart Association Guidelines

An in-depth review by leading authorities of the latest therapies and techniques for rescuing persons in cardiac arrest. The authors explore the physiology behind current state-of-the-art clinical resuscitation and translate it into practical bedside recommendations, clinical tips, and expert techniques. Topics of interest include the epidemiology of sudden death, management of ventilation, chest compression technique training, public access defibrillation, drug delivery during CPR, the latest drug therapies, and cardiac arrest in disease, pregnancy, drowning, lightning strike, and trauma. The authors also review the major ongoing research in resuscitation science that will likely affect the next set of international resuscitation guidelines.

The New American Heart Association Cookbook

CLS Review Made Incredibly Easy!® gives you the confidence you need to pass the ACLS certification exam as well as the knowledge and skills needed to perform advanced cardiac life support. Packed with easy-to-remember definitions and step-by-step directions on the latest treatment algorithms, this enjoyable review text tackles required ACLS course and exam content. It is also the perfect on-the-spot clinical reference—for nurses, students, and all healthcare professionals. Be expertly guided through the latest ACLS training and exam preparation with: NEW and updated content in quick-read, bulleted format, based on current American Heart Association guidelines NEW and updated cardiovascular pharmacology content NEW and updated interventions Explains ACLS course and exam components and requirements Proven study strategies, end-of-chapter quick quizzes, and an end-of-book practice test Explanations of complex concepts—easy-to-retain guidance on how to recognize and treat cardiac arrhythmias, including: Classifications of interventions, including basic life support skills, adult cardiac

arrest algorithm, and defibrillation Step-by-step how-tos for current treatment algorithms Managing specific rhythms—hypovolemia, hypoxia, acidosis, hypothermia, cardiac tamponade, tension pneumothorax, pulmonary coronary thrombosis, and more Dozens of colorful diagrams and illustrations outline the core concepts and skills needed for ACLS certification, including: CPR – when and how to use it Devices and procedures skills – safe ventilation techniques, including endotracheal intubation and supraglottic devices, as well as defibrillators, pacemakers, and more Early management – managing the first 30 minutes of cardiac emergencies Emergency conditions – which cardiac rhythms may require ACLS treatment IV and invasive techniques – such as peripheral and central IV line insertion Pharmacology – knowing the action, indication, dosages, and precautions for the major drugs used during ACLS Special features that include: Just the facts – quick summary of each chapter’s content o “Nurse Joy” and “Nurse Jake” – expert insights on interventions and problem-solving Quick quiz – multiple-choice questions after each chapter to help you retain knowledge o Now I get it! – real-life patient scenarios illustrating correct ACLS interventions o What to look for – tips on identifying and interpreting arrhythmias. About the Clinical Editor Kate Stout, RN, MSN, is a Critical Care Charge RN at Southern Hills Hospital in Las Vegas, Nevada.

Heartsaver First Aid CPR AED Student Workbook (Japanese)

Product 15-1064

ACLS Review Made Incredibly Easy

Contains full course and renewal course for using CPR with adults, children, and infants.

CPR/AED for the Professional Rescuer

In an era of transition from classic Cardiopulmonary resuscitation (CPR) to assisted device-CPR or hemodynamic driven CPR, this book, published by InTechOpen, highlights some interesting aspects of resuscitation. Divided in three sections, the research presented emphasizes the details of resuscitation in special circumstances to possible future applications in the field. The authors offer us not only a vigorous review of the current literature but also a research road map for further advancement.

ACLS for Experienced Providers Manual and Resource Text

The classic cookbook for achieving heart health and wellbeing through a diet that is low in cholesterol and saturated fat--updated and revised with 200 recipes (including 50 new to this edition) Lose the bad fats, but not the flavor. Now in its fifth edition, American Heart Association Healthy Fats, Low-Cholesterol Cookbook provides the most up-to-date information on heart health and nutrition. Good-for-you food should also be satisfying, and the American Heart Association reveals how easy it is to replace the bad fats in your diet with healthier ones. This classic cookbook offers more than 200 tempting dishes, 50 of which are new, including: · Fresh Basil and Kalamata Hummus · Triple-Pepper and White Bean Soup with Rotini

· Taco Salad · Hearty Fish Chowder · Chicken Pot Pie with Mashed Potato Topping · Balsamic Braised Beef with Exotic Mushrooms · Grilled Pizza with Grilled Vegetables · Stovetop Scalloped Tomatoes · Puffed Pancake with Apple-Cranberry Sauce · Mango Brûlée with Pine Nuts The perfect companion for today's healthy cook, this indispensable collection of recipes proves you can eat deliciously and nutritiously.

Pediatric Advanced Life Support

David Frei, the publicist of Westminster Kennel Club and the founder of Westminster's therapy dog charity, Angel on a Leash, along with his wife Cheri, a minister at Morgan Stanley Children's Hospital of New York-Presbyterian, retell heartwarming stories of therapy dogs who change the lives of needy children at hospitals and rehabilitation centers. angelonaleash.org

Code Blue

Strategies to Improve Cardiac Arrest Survival

Pamphlet is a succinct statement of the ethical obligations and duties of individuals who enter the nursing profession, the profession's nonnegotiable ethical standard, and an expression of nursing's own understanding of its commitment to society. Provides a framework for nurses to use in ethical analysis and decision-making.

2015 Handbook of Emergency Cardiovascular Care for Healthcare Providers

By now, you've heard of (and maybe tried) them all: the low-carb diet, the grapefruit diet, the miracle diet . . . the list goes on and on. Fad diets may promise a quick fix, but few deliver lasting results. If you're like millions of other Americans, you're still struggling to lose weight and get in shape—without harming your long-term health in the process. It's time to leave behind the one-size-fits-all approach to dieting. Now, the American Heart Association, the nation's most trusted authority on heart-healthy living, introduces its first-ever comprehensive weight-loss book. No-Fad Diet helps you create a personalized plan to lose weight in a healthful way. After a simple assessment of your current habits, you choose the eating and exercise strategies that best fit your needs. You'll learn how to set realistic goals, eat well to lose extra pounds safely, and add physical activity to keep the weight off for good. This book offers more than 190 delicious, all-new recipes, including Cream of Triple-Mushroom Soup, Tilapia Cham-pignon, Chicken Pot Pie, Pumpkin-Cranberry Pancakes, and Vanilla Soufflé with Brandy-Plum Sauce. You'll also find two weeks of sample menus, guidelines for meal planning, useful tips on dining out and food shopping, and sound advice for staying on track to reach your target weight. If you're fed up with fads and want a diet that can provide a lifetime of effective weight control, No-Fad Diet is the book for you. Tired of losing weight and gaining it back? Sick of fad diets and gimmicks? Frustrated by crazy food restrictions? Try the No-Fad Diet What's the only effective way to lose weight and keep it off? It's simple: Calories in must be less than calories out. But

since the factors that contribute to this not-so-magic formula are different for everyone, a one-size diet plan does not fit all. The No-Fad Diet includes: •Tips on turning negative thinking into positive rewards •Simple quizzes to find the approach that's best for you •Diary pages to record and monitor your eating and activity habits •Strategies to reduce calories and increase your activity levels •Guidelines to help you prepare your own nutritious meals •More than 190 delicious and healthful recipes •Techniques to maintain your momentum The weight-loss strategies in this book are based on reliable scientific research and are backed by respected medical professionals. The American Heart Association has the information you can trust. Also available as a Random House Large Print Edition From the Hardcover edition.

American Heart Association Eat Less Salt

HEALTH, SAFETY, AND NUTRITION FOR THE YOUNG CHILD, 9th Edition, covers contemporary health, safety, and nutrition needs of infant through school-age children--and guides teachers in implementing effective classroom practices--in one comprehensive, full-color volume. Concepts are backed by the latest research findings and linked to NAEYC standards. The book emphasizes the importance of respecting and partnering with families to help children establish healthy lifestyles and achieve their learning potential. Early childhood educators, professionals, and families will find the latest research and information on many topics of significant concern, including food safety, emergency and disaster preparedness, childhood obesity, children's mental health, bullying, resilience, chronic and acute health conditions, environmental quality, and children with special medical needs. Also provided are easy-to-access checklists, guidelines, and activities that no early childhood student or professional should be without. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Advanced Cardiovascular Life Support Emergency Crash Cart Cards

The main focus of this Capstone Project was to initiate in-situ simulation to measure prompt and successful steps in cardiopulmonary resuscitation on a non-critical care unit by the Code Blue Pit Crew team members for an acute care hospital. Patient safety issues and opportunities for improvement were identified after a trend showed an increase in patient mortality of non-critical care code blue events in the hospital setting. Opportunities for improvement surrounding this code blue simulation project, included team member dynamics, role identification, and floor staff awareness of responsibilities during actual cardiopulmonary arrest events. The goal of this Code Blue Simulation Training (CBST) project was to improve the BCLS steps and ACLS performance and self-confidence level of healthcare personnel in a non-critical care setting. By using the American Heart Association's (AHA) best practice guidelines related to resuscitation, the participating hospital was able to restructure its code blue team to achieve improved code blue care in order to impact patient survival outcomes. Initiatives were set in place to educate the healthcare personnel on how to provide faster, more efficient care to patients in a life threatening crisis. In addition, role and

responsibility consistency were established for all healthcare personnel regarding first responder steps in the clinical setting.

Initiation of a Code Blue Simulation Training Project

Learn with the most trusted pharmacology text written specifically for surgical technologists! Pharmacology for the Surgical Technologist, 4th Edition ensures that as an integral member of the operating room team, you have an in-depth understanding of surgical medications. It covers everything from basic conversions, terminology, and calculations to anesthesia and medications used for perioperative care. This edition adds coverage of next-generation antibiotics, new technology in orthopedics, advances in cataract surgery, and more — plus a full-color design and expanded art program. An Evolve companion website lets you practice drug calculations. Written by experienced Surgical Technology educators Katherine Snyder and Chris Keegan, this book covers all areas of pharmacology that are designated in the Core Curriculum for Surgical Technology, 6th Edition. Coverage of pharmacology meets the needs of the Surgical Technologist and includes all areas designated in the Core Curriculum for Surgical Technology, 6th Edition. Chapter study questions help you measure your knowledge and apply it to practice, and serve as a review tool for classroom and certification exams. Clinical features include Tech Tips from experts, Caution boxes with drug alerts to help prevent potential patient harm, and Notes simplifying difficult concepts. Insight boxes provide in-depth, cutting-edge information about a specific product, procedure, or process. Concise three-part organization makes it easier to understand 1) the foundations of pharmacology, mathematics, and drug administration, 2) applications of pharmacology to the surgical environment, and 3) preoperative medications, types of anesthesia, and emergency situations. Evolve companion website includes exercises allowing you to practice math calculations, as well as drug monographs from Mosby's Essential Drugs for Surgical Technology. Advanced Practice boxes provide information and advice on issues and applications that help you advance to the role of Surgical Assistant. Trusted authors Kathy Snyder and Chris Keegan bring more than 50 years of combined experience, and provide the information you need to succeed in the classroom, on the certification exam, and in the operating room. Learning Objectives in each chapter list the key content you should master and provide a useful study tool in preparing for examinations. NEW! Coverage of hot topics includes next-generation antibiotics, new technology involving orthopedic surgery, advances in cataract surgery, and more. NEW! Now in full color, an expanded art program helps you visualize concepts in anatomy and physiology, medications, equipment, and procedures. NEW! A comprehensive glossary supports key terms that are highlighted in the text. NEW! Make It Simple boxes review and break down medical terminology.

Pediatric Emergency Assessment, Recognition, and Stabilization

Cardiac arrest can strike a seemingly healthy individual of any age, race, ethnicity, or gender at any time in any location, often without warning. Cardiac arrest is the third leading cause of death in the United States, following cancer and heart

disease. Four out of five cardiac arrests occur in the home, and more than 90 percent of individuals with cardiac arrest die before reaching the hospital. First and foremost, cardiac arrest treatment is a community issue - local resources and personnel must provide appropriate, high-quality care to save the life of a community member. Time between onset of arrest and provision of care is fundamental, and shortening this time is one of the best ways to reduce the risk of death and disability from cardiac arrest. Specific actions can be implemented now to decrease this time, and recent advances in science could lead to new discoveries in the causes of, and treatments for, cardiac arrest. However, specific barriers must first be addressed. Strategies to Improve Cardiac Arrest Survival examines the complete system of response to cardiac arrest in the United States and identifies opportunities within existing and new treatments, strategies, and research that promise to improve the survival and recovery of patients. The recommendations of Strategies to Improve Cardiac Arrest Survival provide high-priority actions to advance the field as a whole. This report will help citizens, government agencies, and private industry to improve health outcomes from sudden cardiac arrest across the United States.

BLS for Healthcare Providers

Incredible advances have been made in the management of a variety of cardiac problems during the past several years and this new issue of Critical Care Clinics seeks to illustrate a diverse sampling of some of those advancements. This issue, Guest Edited by Arthur Riba, explores such important topics as Cardiogenic Shock, Acute Valvular Insufficiency, Atrial Fibrillation, and Critical Care Imaging. Exciting topics such as New Interventional Devices in the Acute Cardiac Care Setting are also discussed. Every day we see new advancements in the field of Cardiac Critical Care, which makes this new issue of Critical Care Clinics a must have for anyone in the clinical field.

Code Blue

Cardiovascular Disability

Code Blue

Product 15-1058

Advanced Cardiovascular Life Support Instructor Manual

Product 15-3105

Advanced First Aid, CPR, and AED

Product 15-2116JP

Advanced Cardiac Life Support (ACLS) Provider Handbook

When the American Heart Association, the country's most-trusted authority on heart-healthy living, published the first edition of its cookbook twenty-five years ago, it could hardly have predicted that the book would become a runaway bestseller and set the standard for healthful and delicious eating. To celebrate the book's silver anniversary, the AHA has completely updated and revised this jewel of its renowned cookbook library. This latest edition is a must-have for every chef who wants tasty, good-for-you recipes in step with how we eat today. Each of the more than 600 recipes--including over 150 that are brand-new--has been kitchen-tested for high flavor and ease of preparation. Dishes such as Risotto with Broccoli and Leeks, Grilled Tuna with Pineapple-Nectarine Salsa, and Minted Cantaloupe Soup with Fresh Lime prove that healthful food doesn't have to be boring, spartan, or old-fashioned. Here you'll find recipes for the hottest trends in cooking, from wrap sandwiches and pesto to vegetarian entrées and ethnic cuisines. If you're a chef on the go, you'll appreciate the many recipes that will help you put a meal on the table in a flash--from quick-and-easy offerings and twofer recipes that let you have delicious planned-overs for later in the work week to one-dish meals and microwave recipes. The handy menus will help you mix and match recipes not only for weekday dining but also for the perfect holiday meal, party, or other special occasion. And with the AHA's suggestions, you can turn treasured family favorites into heart-healthy classics. You'll also read the latest on how what you eat can affect your health. In addition to the AHA's dietary guidelines and recommendations, you'll find discussions about the importance of fiber, folic acid, and eating a variety of foods. Each kitchen-tested recipe is accompanied by a complete nutritional breakdown, including total fat, saturated fat, cholesterol, sodium, calories, fiber, and more, so it's easy to work any of the recipes into any eating plan. The New American Heart Association Cookbook will be the basic cookbook you'll find yourself reaching for again and again. The American Heart Association is the nation's most-trusted authority on heart-healthy living and diet. Its best-selling library of cookbooks includes: American Heart Association Low-Fat, Low-Cholesterol Cookbook, Second Edition American Heart Association Low-Salt Cookbook American Heart Association Quick & Easy Cookbook American Heart Association Around the World Cookbook American Heart Association Kids' Cookbook From the Hardcover edition.

Health, Safety, and Nutrition for the Young Child

The Save a Life Initiative has just released its newest course: Advanced Cardiac Life Support (ACLS). This manual is based on the 2015-2020 Advanced Cardiac Life Support guidelines published by the American Heart Association. The Advanced Cardiac Life Support (ACLS) Provider Handbook is a comprehensive resource intended for health care professionals currently enrolled in an Advanced Cardiac Life Support Certification or Recertification Course. It serves as the primary training material for ACLS Certification and Recertification courses. Although it is primarily intended for use during their courses, the handbook was also created to serve as daily reference material for health care professionals. Information covered in the handbook includes ACLS instruction for adults and children through multiple case scenarios. Case scenarios include, but are not limited to, respiratory arrest, ventricular fibrillation and bradycardia. Specific ACLS Algorithms and more are also included within the handbook. All material included in this handbook is delivered in

a manner meant to enhance learning in the most comprehensive and convenient way possible.

Diabetes and Heart Healthy Meals for Two

People with diabetes want heart-healthy recipes, since heart disease strikes people with diabetes twice as often as the rest of the population. But they also want recipes that taste great. In *Diabetes & Heart Healthy Meals for Two*, the two largest health associations in America team up to provide recipes that are simple, flavorful, and perfect for people with diabetes who are worried about improving or maintaining their cardiovascular health. A follow-up to *Diabetes & Heart Healthy Cookbook*, this collaboration from the American Diabetes Association® and the American Heart Association focuses on meals with only two servings. Because so many adults with diabetes are older, two-serving meals are perfect for those without children in the house—or even those living alone who want to keep leftovers to a minimum.

American Heart Association Healthy Fats, Low-Cholesterol Cookbook

Product 15-1009

Cardiopulmonary Resuscitation

How can you analyse narratives, interviews, field notes, or focus group data? Qualitative text analysis is ideal for these types of data and this textbook provides a hands-on introduction to the method and its theoretical underpinnings. It offers step-by-step instructions for implementing the three principal types of qualitative text analysis: thematic, evaluative, and type-building. Special attention is paid to how to present your results and use qualitative data analysis software packages, which are highly recommended for use in combination with qualitative text analysis since they allow for fast, reliable, and more accurate analysis. The book shows in detail how to use software, from transcribing the verbal data to presenting and visualizing the results. The book is intended for Master's and Doctoral students across the social sciences and for all researchers concerned with the systematic analysis of texts of any kind.

Heartsaver First Aid Quick Reference Guide

Code of Ethics for Nurses with Interpretive Statements

Learn pharmacology with the trusted text written specifically for surgical technologists! *Pharmacology for the Surgical Technologist, 5th Edition* ensures that as an integral member of the operating room team, you have an in-depth understanding of surgical medications. It covers everything a surg tech needs to know, including basic pharmacology, dosage calculations, safe handling of medications, terminology, and drug effects and side effects. If you are interested in becoming a surgical first assistant, many chapters also include coverage of

advanced practice. Written by Tiffany Howe, CST, CSFA, FAST, MBA, an educator, and Angie Burton, CST, FAST, a practicing surg tech, this book covers all areas of pharmacology designated in the AST Core Curriculum for Surgical Technology. Coverage of pharmacology meets the needs of the Surgical Technologist and includes all areas designated in the AST Core Curriculum for Surgical Technology, 6th Edition. Advanced Practice sections in each chapter provide content relating to the role of the first surgical assistant, helping students who want to advance to that role, and keeps this text useful as a professional reference. Concise three-part organization makes it easier for students to understand 1) the foundations of pharmacology, mathematics, and drug administration, 2) applications of pharmacology to the surgical environment, and 3) preoperative medications, types of anesthesia, and emergency situations. Caution boxes highlight drug alerts and surgical safety issues. Chapter study questions help students measure their knowledge and apply it to practice, and serve as an excellent review tool for classroom and certification exams. Insight boxes provide in-depth, cutting-edge information on specific products, procedures, and processes in the operating room. Learning features include Tech Tips from experts, Quick Question boxes with quizzes on foundational knowledge, Make It Simple boxes reviewing medical terminology, and Notes simplifying difficult concepts. Comprehensive glossary defines key terms highlighted in the text. Evolve companion website includes up-to-date drug monographs and additional exercises allowing students to practice math calculations. NEW! Coverage of new drugs includes antibiotics frequently used in the operating room. NEW! Content map correlates the content in the text to the requisite components of the pharmacology portion of the AST Core Curriculum for Surgical Technology. NEW author team blends theory and practice, with easy-to-read explanations from Tiffany Howe, CST, SDFA, FAST, MBA, an instructor of surgical technology, and Angie Burton, CST, FAST, a practitioner of surgical technology.

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